

# How do you see yourself?

Use this journal to reflect  
on what a photograph can  
say about you.

Crown  
Creativity  
Lab

MoMA

**Choose a photograph that speaks to you. You can use the books in the Crown Creativity Lab, an artwork on view, or any other image.**

**What did the photographer include inside the frame and what did they keep outside?**



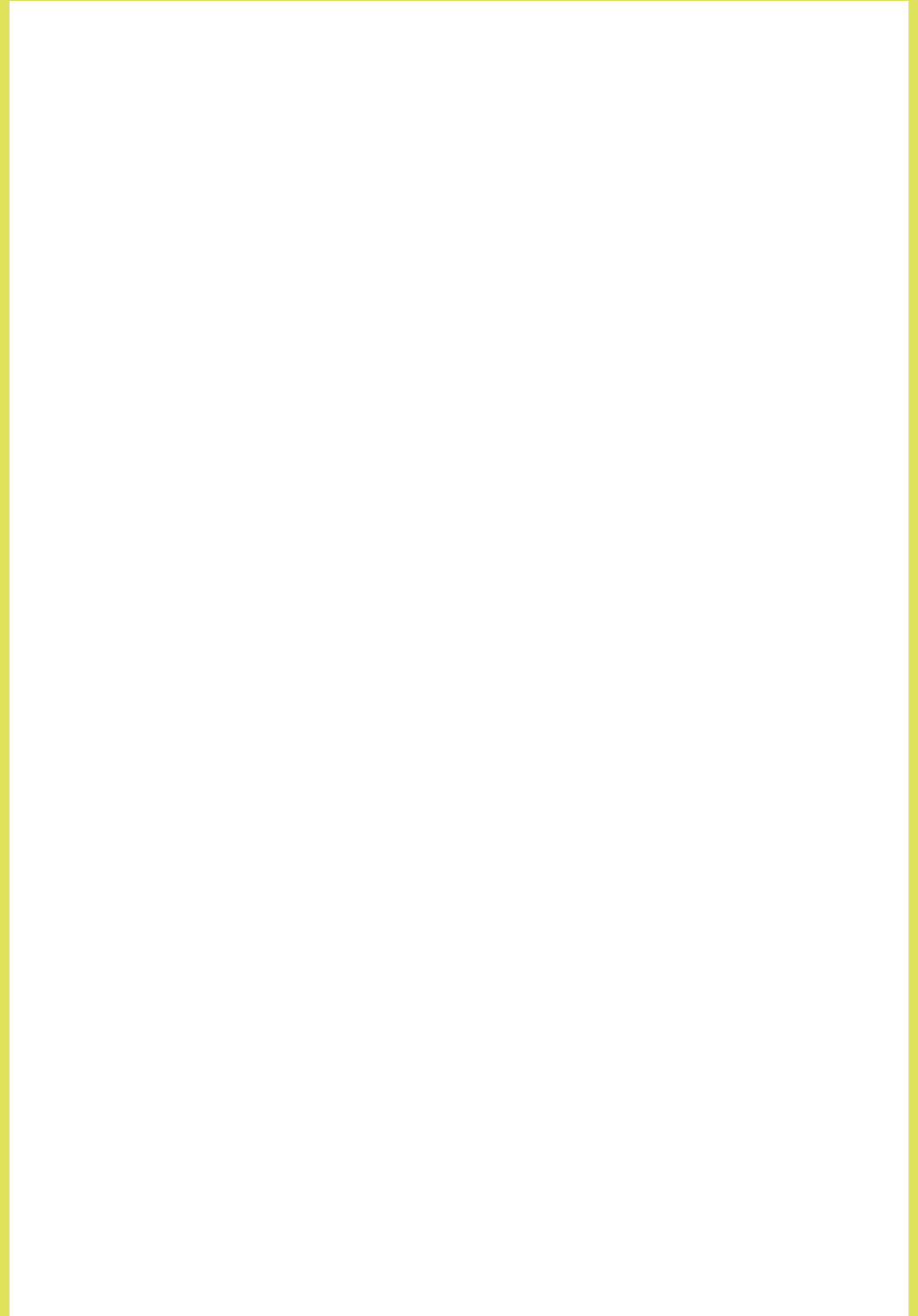
**Write a new caption or sentence to go with the image.**



**What do you imagine happened right before and right after this photo was taken?**



**Find a photo on your phone that says something about who you are. Why did you choose it?**



**Reflect on what it's like to be seen by others.**  
**When do you want to be seen?**

A large, empty white rectangular box intended for a person to write their reflections on the prompt above it.

**When do you want to remain unseen?**

A large, empty white rectangular box intended for a person to write their reflections on the prompt above it.



## Reflections

## MoMA Photo Club

**Engage with photography themes from anywhere in the world inspired by exhibitions at MoMA, artists, artworks, art movements, and more. Share your photos on social media using #MoMAPhotoClub. Chosen photos will be featured on our social channels, the MoMA website, and on digital screens in select New York City subways.**

**Visit [moma.org/photoclub](https://moma.org/photoclub) to learn more.**



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